

Discoveries

Unity Church
Spokane, Washington

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March/April 2009

Getting to Carnegie Hall

By Clare Austen

The joke goes that when a tourist asks a man on the street in New York City how to get to Carnegie Hall, the man rushes by him saying "practice, practice, practice."

In his book *The Last Lecture* author Randy Pausch describes how his childhood football coach forever influenced his life by teaching him the power of repetition and drills. Randy, who became a professor of computer programming and an expert in virtual reality, taught his own students to remember the fundamentals as they approached each project.

Reading Randy's memory of his coach reminded me of the movie *The Karate Kid* in which the kindly Mr. Miyagi begins training his young Karate student by telling him to wash and wax the car with deliberate movements. He demonstrates- first one hand then the other, always remembering to breathe after each swipe. Although the training continued with sanding the floor and painting the fence, "Wax on, wax off", has become an iconic movie quote meaning to do anything repetitively with awareness. Mr. Miyagi told Daniel to not ask questions, "just do." And as the story unfolds, it becomes clear that the repetition of the basic moves gives Daniel's brain and body a 'muscle memory' that becomes vital to his success using Karate in stressful situations.

Playing an instrument, flying a plane, doing mathematical calculations, or learning to read, all require practice and

drills. Everything we want to master requires getting the basic moves into our physical or mental 'muscle memory'.

The same is true for living life well. ***If we desire to thrive, not just survive, if we desire to live with a sense of freedom, confidence and joy, then we must develop 'spiritual muscle memory.'***

Because life is always a journey, never a destination, we will always be confronted with moments when our fear, anger or unhealed grief rise up to block our sense of well-being. However, if we have memorized our essential moves, done our drills, and practiced well, we will move through any challenge with greater ease.

Our fear, anger and grief affect our contentedness in life, but they especially block our flow of abundance and the flow of energy through all the systems and organs of our body. Like a musician wanting to play at Carnegie Hall, if we are to express prosperity and health we need to know our basic spiritual principles.

In March we will revisit our fundamentals of prosperity. I know that we know them. But are they in our spiritual muscle memory yet? The Universe is providing a perfect opportunity to really learn them. In April, as we celebrate spring and Easter, we will also remind ourselves of Unity's profound heritage of healing. What are these vital, fundamental principles that started the New Thought movement? Remember, whatever truth you think you know, if you don't regularly practice it, the knowledge won't do you much good.



Share Your Prosperity Inspirations

Let's make a Prosperity Booklet! Remember when we made the booklets surrounding Lent? Now let's do something similar and produce a booklet of inspiration to help everyone through what could be a time of financial uncertainty. *We know that when we change our thoughts, we change our world, so let's introduce some new prosperity thoughts for ourselves and our church family.*

If you have a fundamental of prosperity that you have effectively used or you have a favorite quote that inspires you to accept more of your abundance, please share it with us during March.

Send your submissions to Dennis Ashley at dashley@unityspokane.org or leave them at the church office.

We are a Community of Love and Acceptance Dedicated to Spiritual Discovery

Unity Church 2900 S. Bernard Spokane, WA 99203

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Teen programs 11:00 am
Wednesday Program 7:00 pm

Office & Bookstore
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Tuesday and Thursday
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From the President of the Board of Trustees. . . Cerena Lauren

It is my joy to begin a year of communicating with you through this format. We have much to celebrate! We are well into our "Season for Peace", this ministry is thriving and nature is responding with the return of sunlight. Yeah, God!

My vision for our Church is to be a thriving center of spiritual renewal where Peace is a daily practice, individually and collectively.

How can we "be peace" every moment? With our "11 Days of Peace" celebration last fall, our "We are the World" project, and our current "Season for Peace," we are growing our awareness and expanding fellowship with local churches and peoples everywhere, knowing that we are one. Our "Season for Peace" is one of the best ever with many opportunities for your involvement. It includes a return of one of my favorite spiritual teachers, James Twyman, in concert and also to provide a workshop.

During this season our children are learning about peace and creating peace cards which will be made available for sale at a later date. The children's church is currently undergoing a fabulous face-lift thanks to the creative inspirations of dedicated volunteers and those who supported the Christmas card sale.



THANKS!

We extend our thanks and appreciation to Scott Jamison & Jim Sledge, outgoing Board of Trustee members, for their many gracious contributions to our ministry over the past three years. Scott served as the Secretary for the Board, and Jim was a Co-VP, as well as the Board representative on the Unity Foundation Board.



One of the challenges of running a successful ministry is budgeting for things both planned and the unforeseen. Your Board wrestles with how to anticipate needs and repairs and what to do when they occur. Examples are repairs to the roof, replacement of the refrigerator and dishwasher in the kitchen, the snow blower and upgrading computers. We voted to set aside 1% of revenue received and place it in a fund for future needs; the funds cannot be spent without Board approval. It is a small but critical step for the future.

Your Board is truly interested in your feedback, ideas, and inspirations. Please let any Board member know your thoughts and questions and talk with us the Sunday prior to our monthly meetings. ***It takes the contributions of each of us to grow a thriving and dynamic ministry.***

I look forward to serving this ministry as Board president and to be the recipient of your wisdom and friendship this coming year.

One Peace, Many Paths Interfaith Event: **Speak Peace on Sunday, March 8, 4-6 pm**

Hear from our panel of Spokane area Faith leaders what they most want you to know about them, their faith and customs. What misunderstandings need to be dispelled? What gives them the greatest joy in their spiritual life? This event will include time for individual reflection and group interaction on interfaith peacemaking.

Financial Update 2009

	January	YTD	Budget YTD
General Revenue	\$21,197.48	\$21,197.48	\$\$\$\$\$\$\$\$\$\$
Special Event Revenue	<u>\$1,175.26</u>	<u>\$1,175.26</u>	\$\$\$\$\$\$\$\$\$\$
Total Revenue	\$22,372.74	\$22,372.74	\$\$\$\$\$\$\$\$\$\$
Expenses			
Special Event	\$550.00	\$550.00	\$1,441.67
Personnel	\$16,171.74	\$16,171.74	\$16,881.68
Tithe	\$2,182.28	\$2,182.28	\$2,783.24
Operating Expense	<u>\$9,341.25</u>	<u>\$9,341.25</u>	<u>\$9,633.38</u>
Total Expenses	\$28,245.27	\$28,245.27	\$30,740.07
Income/(Loss)	(\$5,872.23)	(\$5,872.23)	\$\$\$\$\$\$\$\$\$\$

Our Church Tithes

(10% of revenue)
 for **January 2009** paid to:
 Association of Unity Churches;
 NW Region Unity Churches;
 NW Region Unity YOU;
 Silent Unity;
 Volunteers of America;
 Special Olympics;
 Odyssey Youth.

Unity Church Foundation

1-31-09
\$59,287.35

Treasurer's Report by Diane Hunter

We were delighted to close 2008 with a positive balance of \$2.13 and now have just ushered in a new year with possibilities abounding. Your Board of Trustees has put forth the intent for this to be a year of "thriving." During one Sunday in January, Clare asked us to write out this intent and place it where it would be visible to us each day. My statement reads, "Our Unity ministry is thriving in conscious awareness, loving relationships, financial abundance and service to others." It brings me a sense of knowing with certainty that our congregation is abundantly blessed when I read these words. **As each of us feels we are individually thriving, then our church will also be thriving.**

Recently, on a national scale, an appearance of lack has tried to gain a foothold in our consciousness to make us fearful. In January church attendance and giving were down due to extreme weather conditions; this also resulted in spending that significantly exceeded our revenue. The first weeks of February have also brought many unexpected, non-routine, building maintenance expenses that have put some strain on our financial bottom line. It is important that all of you are aware of these challenges, so we can begin to create realistic solutions.

This is a great opportunity for individual and collective spiritual growth. If we choose, we can now step out toward a negatively-appearing situation and refute it with positive action. **Please continue to express your abundance by giving and perhaps even stretching beyond what feels comfortable.**

The number of families in our congregation who have returned Intentional Giving cards this year has exceeded our goal. This is just one indication our ministry is already thriving. If you wish your family to join this gathering wave of abundant thought, you only need to make a personal commitment to support our church each month with an amount of your own choosing. As you follow through each month with that commitment, you are supporting your church family and all the programs we provide here and in our community. I can hardly wait to see how God will work through us all and the good that is in store for us.



The **Unity Home Companion** event in February was fun for all. We welcomed the "3 Stooges" to our stage. Thanks to all of the Unity Players and this intrepid threesome: (shown from left to right) Pat White, Moira Moore and Dave Coles. The event was directed by Dennis Ashley.

Another Way of Giving

If you already shop at Albertsons and have a preferred Customer number it can be linked to Unity and we will get a 4% rebate from all purchases.

Albertson's is revamping its Community Partners Program so everyone must register again. Here is how it works. Go online to www.albertsonscp.com and enter your preferred savings card number which starts with a 42... and is located on every receipt you get from Albertsons. They will ask you to link to your community partner, which is Unity. Our number is 49000108014.

It is very simple and once you are linked you do not have to do anything else. Unity has received a quarterly check between \$80 - \$120 so lets keep this going. Re-link soon!



Thanks to everyone who used **SCRIP** in 2008; it generated **\$1,625 for our church in this first year** of the program, and your generosity is appreciated.

New to the SCRIP concept? Why not check it out? Go to www.shopwithscrip.com. Use the Unity enrollment code: **6C3LB93316663**. Submit your order online by 9 am tuesdays, pay for and pick up your Scrip cards at church the next week. Over 40 families are on our team... join today.

Pastoral Care and Sacred Service

From the desk of Dennis Ashley...

I say it every Sunday—"prayer forms the cornerstone of the Unity movement." It is a powerful tool in which we take the time to get quiet and speak our hearts to the Divine Mind and Inner Divinity that is a part of what we are.

Because prayer touches us so deeply, it makes sense that the role of prayer chaplain is a sacred responsibility. It is so important that each year we put the call out to ask who feels they might want to serve in this capacity. I hope you will consider becoming a prayer chaplain in 2009 because it is an amazingly important job. Some excellent training is provided so that you feel more confident and competent to help people in this way.

So, let's get more specific. What do our chaplains do? They serve as prayer chaplains right after Sunday services, at Wednesday evening dinners, and occasionally at other special events. In this role, people approach them for prayer. Prayer Chaplains listen and help people to pray, either by leading the prayer or inviting the other person to speak their needs and truths aloud. Prayer Chaplains help people to access that Divine Spark inside, often at a tough time in their lives. They hold everything they hear in the strictest of confidence, and two things that chaplains do not do are to counsel or offer advice.

Would you like to learn more about serving in this role? Talk with Christopher Zilar, Clare Austen, or Dennis Ashley. Visit the Sacred Service Center immediately before or after a service and look at the display there. Come to a short informational meeting on **March 29th** to ask questions and understand the expectations more thoroughly. There will be Prayer Chaplain Training on **April 5th & May 17th** with dedication at Sunday services on **June 14th**. It is quite a path to walk; I invite you to try.

Our Easter Celebrations

Good Friday Service, April 10th:

Join Clare, Dennis and other members of our spiritual community to celebrate one of the holiest times of the year with an evening of music and renewal. This year we will also have a "foot washing ceremony." We will begin at 7 pm and end at 8 pm with a candlelight procession into the Prayer Garden.

Easter Weekend Prayer Vigil, April 10th and 11th:

Prayer serves as the cornerstone of our Unity movement, so please plan on being here as the Prayer Center facilitates our Prayer Vigil on Friday, April 10, from 8:15 pm until midnight. Then, we will start again on Saturday, April 11, at 6 am and keep the vigil until noon. People usually come for 15 minutes to an hour, anytime during the Prayer Vigil. All are welcome.

Easter Awakening Service, April 12th:

Is there a more distinctive time than a Sunrise Service on Easter morning? We will start at 6:30 am on Sunday and, if the weather cooperates, hold the service in our Prayer Garden. There will also be an "early risers breakfast," immediately following the service. Dennis will lead this one.

Easter Sunday Services, April 12th:

Celebrate with us at 9 or 11 am for our Easter Sunday celebration services. The Unity Choir will touch our hearts and Clare's words will touch our souls on this extraordinary day.

In Loving Memory

Our blessings and prayers are with **Lyla Hixson** on the passing of her husband, Joe, and **Jay Toews** on the passing of his brother, Ron. Our thoughts are with them and their families. We also bless our friends who have experienced the loss of loved ones, including **Cerena Lauren, Josh Meckel and Lee Ann Southerly. Peace!**



Join Us For Sunday Services

March

1 The Fundamentals of Prosperity - part 1
Rev. Clare Austen

8 The Fundamentals of Prosperity - part 2
Rev. Clare Austen

15 The Fundamentals of Prosperity - part 3
Rev. Clare Austen

22 Youth Outreach
Rev. Clare Austen

29 The Fundamentals of Prosperity - part 4
Rev. Clare Austen

April

5 The Fundamentals of Healing
Rev. Clare Austen

12 Easter Sunday
Rev. Clare Austen

19 The Fundamentals of Healing
Rev. Clare Austen

26 The Fundamentals of Healing
Rev. Clare Austen



March Events

Sweet Deal Fundraiser for Y.O.U. planned for March 8

Support this annual event by baking/bringing a **sweet treat for auction** after the 11 am Sunday service. There is a sign up sheet in the Sacred Service Center. Your support helps our Y.O.U. attend regional retreats.

Men of Unity Breakfast Meeting on **Saturday, March 21st** from 8-9:30 am is a chance to meet other men & discuss a spiritual topic or network with each other.

Soul-to-Sole Shoe Fittings

March 26th our shoe ministry team, led by Harriett Jacobson, will be heading up to the West Plains ECEAP to gift the children in this center with new shoes.

You can work in the morning or afternoon, or stay for the day. We work with your schedule. Call 926-6461 for more details.

April Events

Walk With the World - Join Cropwalk

By Jeff Hunter

For more than 40 years "Cropwalkers" have been walking with the world...in the US, in Africa, Afghanistan, Senegal and Pakistan, to raise awareness and funds for hungry, thirsty and/or homeless people. Make a difference in our community and the world – walk or sponsor a walker this April!

The walk in Spokane will be on **April 26th** along the beautiful Centennial Trail and we hope to have at least 20 walkers this year. In the past Unity was one of the largest church supporters and we can again show our community spirit.

Contact **Jeff Hunter (624-5711)** if you would like to walk. You can contribute at church during April to sponsor our Unity walkers, including Clare Austen and Dennis Ashley. 25% of the money raised in the Spokane Cropwalk stays here locally to aid 2nd Harvest Food Bank, Mid-City Concerns, Valley Meals on Wheels and Interfaith Hospitality Network of Spokane.

For additional details go to www.interfaithnw.org/ed_crop.htm.

Join in on the Joy of Community

Outrageous Wild Women of Unity Retreat March 27-29:

The theme for this spring's spiritual empowerment weekend is taken from the book **Women Who Run With The Wolves** by Clarissa Pinkola Estes. The story is "The Red Shoes: Identifying Leg Traps, Cages and Poisoned Bait" and tells what happens to our choices when we are "soul-starved." Partial scholarships are available; the cost is \$95 for Unity members and \$110 for others. Camp N-SID-SEN on Lake Coeur d'Alene is a favorite spiritual place and we hope that this year you'll join us. Sign up at Church, or call Claudia at 624-1848.

Wednesdays in March - Dinner at 5:45 pm & Program at 7 pm

4 Movement for Peace – An evening of connection, song and sacred circle dancing to open our hearts and move beyond fears.

11 One Peace, Many Paths event - How does interfaith work benefit our own spiritual growth, our community and our planet? What are other communities doing to bring all faiths together?

18 Spiritual Cinema - Barbara Marx Hubbard's film "Humanity Ascending" places us on an evolutionary cusp, where an old world is dying and a new world is being born.

25 Peace-a-Pie - Enjoy a scrumptious and fun evening of pizza and pie followed by uplifting 60s and 70s peace songs.

April 15: Spiritual Cinema

Dan Robison will show a film titled "Wondrous Oblivion." 11 year old David loves the game of cricket, but has no aptitude for the sport. So, when a Jamaican family moves in next door and sets up a cricket net in their backyard, David is thrilled to have new teachers and friends in his life.

The film is set in East London during the 1960s and the rest of the neighborhood isn't as welcoming to the new family. This film takes us from intense racial tension to the comfort of a supportive community, reminding us of the magic that comes from intercultural friendships. Parental guidance suggested for some sexuality. 7 pm by love offering.

The **Men of Unity** have booked **April 24 & 25th** as dates for their spring retreat at Zephyr Lodge. Check for further info at Church.

Readers' Theatre: Unity is trying something a little different in **April & May**—2 Readers' Theatre productions. This is a powerful medium in which the audience listens to the beauty of the spoken word, and invokes the power of imagination. We'll perform a touching play, *The Last of the Thorntons* on **April 17th** & a comedy, *Picasso at the Lapin Agile*, by Steve Martin (yes, that Steve Martin) on a date in May.

Radical Manifestation

Unity Church will have a special Radical Manifestation weekend on **April 3-4, 2009**.

The two hour Friday lecture on April 3, from 7-9 pm is *From Forgiveness to Manifestation: Radical Approach to Creating the Life We Want*, \$15.

The Saturday workshop, April 4, from 9 am - 1 pm, is titled *Radical Manifestation, the Fine Art of Creating the Life You Want*, \$50; plus *The Money Game* from 2:30 - 5:30 pm, \$25.



Dinny Evans, a certified coach in *Radical Empowerment Strategies for Conscious Living* (shown above) is our facilitator.

Soul-to-Sole Shoe Fittings

In April we'll be at the Liberty Park ECEAP on **April 16th**; the Bryant School on **April 21st** and the American Indian Center on **April 23rd**. Call Harriett at 926-6461 to sign up.

Unity Groups Connect With Us

The Explorers - Spiritual Discovery & Support

Wednesdays from 10:00 - 11:30 am. Everyone is invited to attend this prayer & discussion group. Join us for coffee and conversation! Facilitated by Clare.

The Outrageous Wild Women of Unity (OWWU)

Join us for retreat in **March**; the next Saturday Spiritual Circle will be on **April 25th**. Our meetings are followed by potluck with lunch at noon. For more info about us, or to arrange child care, please contact Joyce@swanlight.com.

A Course in Miracles Study Group

Every Tuesday at 7 pm. This is an ongoing group and everyone is welcome to join at any time. By Love Offering.

Prayer Shawl Ministry

We meet Wednesdays at 2 pm; join us to create knitted gifts to celebrate and/or strengthen the spirit. Contact Gretchen at 534-4886 for details.

Radical Forgiveness Satori Group

Hold the Radical Forgiveness consciousness by attending a potluck dinner & playing Satori in Cheney. Contact Sue (509-924-0624) for details.

Meditation

Each Tuesday from 8-8:45 am and Wednesday from 6:30-6:45 pm we meet in the chapel for a time of connection with spirit. Join Clare and Dennis.

Wednesday Night Dinners

Dinner is served at 5:45 pm: adults - \$4, seniors - \$3 and children - \$2. Call Dennis Ashley at 838-6518 to volunteer or for further details.

Unity Choir

Our choir rehearsals are Thursdays at 7 pm. Contact Shawn at sandtwright@comcast.net about joining this group if you love music and singing.

Men of Unity

Join us to engage in spiritual & personal growth, integrity & truth, prayer & meditation through service, small groups, retreats, fun activities and positive relationships. Visit the Men of Unity news board in the Sacred Service Center.

Next Generation Unity (NGU) group is set to meet the spiritual needs of Unity's young adults aged 18-35ish. Contact Deanna Doyle at 619-957-6125 or deannamdoyle@hotmail.com about local activities.

Additional Groups

OA Overeaters Anonymous

Sundays at 6:00 pm

AI-Anon Serenity Seekers

Thursdays at Noon

AA New Soil, New Roots

Thursdays from 7 - 8 pm

Southsiders at Unity

Our **Toastmasters** group meets the 2nd and 4th Mondays at 5:30 pm; visitors are always welcome.

Dances of Universal Peace

We meet the 1st and 3rd Thursdays. Experience the peace from 7 - 9 pm. The simple movements and singing celebrate the world's spiritual traditions. Call Bruce at 220-5160 for details. By love offering.

Gentle Stretch Yoga on Saturday

mornings. \$55 for 6 weeks or \$11/ session to drop in. 9:30 - 10:30 am. Call Robin Marks at 455-5931.

Outreach

Meals On Wheels - Unity distributes lunch every five weeks. Call Mauri Paul at 995-7476 for details if you would like to bring a smile and lunch to others.

Crosswalk Dinner - 4th Friday of each month at 5:30 pm. Crosswalk is a multi-service center for street kids, homeless and high-risk youth ages 13-18. Sign up in the Sacred Service Center if you would like to help on **March 27th** and/or **April 24th**.

Unity Group Spotlight

WHO ARE THE OUTRAGEOUS WILD WOMEN OF UNITY?

By Joyce H. Tucker

There has always been some form of a women's group at Unity. In 1993, Rev. Thora Hess coordinated a retreat from the book, "Women Who Run With The Wolves." At that time we named ourselves **The Outrageous Wild Women of Unity (OWWU)**. We are:

OUTRAGEOUS: ... "to remember & celebrate her instinctual life ... may be a courageous act of survival at the deepest & most soulful level for a woman to embrace her inner strength & her own authentic power."

WILD: ... "remembering how to live a natural life of innate integrity & healthy boundaries; an honoring of the wild senses & seasons; a pristine consciousness; a joyful sensing of coming home; a clear seeing & deepest hearing of her own 'soul-talk'; to remember who she is & what she is about; her deepest spiritual self."

WOMEN: "The all encompassing feminine; ... a sacred femininity that unconditionally embraces all facets of beauty, form, function & feeling."

UNITY: a place to be known and loved for oneself and by oneself.



Youth and Family Services

Unity Kids Thrive in 2009

By Rev. Jacolyn Green



Rev. Jacolyn Green
Minister of Family Services

March 22

Carrousel Night

Join us for a favorite family event and bring your friends!

We ride this historic Spokane landmark in Riverfront Park for free.

Uniteens will have some special treats for sale, too, so see you there!

5:30 - 7:30 pm

Youth supporters are alive with ideas for designs, cards, T-shirts, a mural, and more new things this year. Transformation has recently taken place in our youth space with an early "spring cleaning." Then, fresh paint brought the outside inside with the color of sky blue. A mural with a huge tree surrounded by animals is planned to decorate one wall later this spring. The outer appearance of these animals will reveal the inner qualities that they manifest to our children as they learn of their own inner power.

All this has me wanting to learn more about my power to reveal more of my inner qualities and to bring my outside inside and bring my inside outside. I remembered a line Wayne gave when he was asked why he grew a moustache. He used the same line again when he shaved it off. "This is the outer manifestation of an inner change." I took that analogy to heart and decided to grow my hair out. This may not seem like a big deal to you; but, it is to me! My comfort zone has been stretched immensely. The style I am aiming for may not ultimately stay with me, yet the process has been invaluable. My new look is prompting changes in my behavior. I now [when I remember] wash my hands in cold water rather than warm water [since the soap gets rid of the germs.] My hand washing is just a small, outer manifestation of my great inner wanting to conserve energy on the planet. My longer hair is just a small, outer manifestation of my great inner wanting to change with the times.

The gorgeous mural in the youth area will be an outer manifestation of the incredible creative spiritual energy changing the inner lives of so many in our ministry. Have you thought about how you will be thriving in 2009? What outer change are you willing to make to activate your inner growth? Just as in nature the new transforming growth of springtime gives evidence of the inner work of winter and invisible roots, our youth ministry is manifesting a thriving spring-like atmosphere. Gratitude is overflowing for all the precious people who visioned, planned, moved, cleaned, organized, prepared, repaired, designed and painted to transform our youth area. Thank you all.



It started with Christmas card sales! Thanks to the efforts of Dee Riggs & Kathy Fisher, shown above with Carrie Prentice, our children's art work came to life and blessed us all. The money raised has funded the painting transformation of the upstairs youth area. Some of those assisting on this project are shown in these photos. Thanks to Wayne & Jackie Green, Doug & Mary True, Doug & Mary Ladwig, Elizabeth Herrin, Jeremiah Supon, Nancy Krakenberg-Flanary and Laurel White.



Unity Church of Truth
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Spokane, WA 99203

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Season for Peace -- Activities in March and April

Special Projects

During March – April 4 Help us build our soft sculpture in the Unity sanctuary. As you dedicate yourself to greater peacemaking, add pieces to our thriving "Peace Tree." To have a peaceful planet we all need deeper roots, more embracing branches, and a strong trunk. Help our tree take form.

Sunday, March 29th Decorate a peace sign again this year for our corner at 29th and Bernard. Let our community know we are holding an intention for peace in our lives and in the world!

Youth Ministry Peace Curriculum – During the Season For Peace our youth and children are learning to express greater peace in their lives.

Living The Peace Prayers with Joan Broeckling continues on **Sundays** from **9:30-10:30 am** in the **Unity Chapel**. In March we'll explore prayers from the Baha'i, Muslim, Sikh, Buddhist, Native American, and Jewish spiritual traditions.



James Twyman Returns to Spokane



The Peace Troubadour will be at Unity Church in **concert** on Friday evening, **March 20th**. The event is from 7-9 pm and tickets are \$15. Then, on Saturday, **March 21st**, he'll present the **Moses Code Workshop** (based on his book) from 10 am -5 pm at the home of the Broecklings. "The Moses Code" is a very powerful manifestation tool in our world, working with the soul's power, rather than the ego's, to manifest good in our lives. In this workshop, we'll use the code to determine what our true soul-longing is, and how to achieve it. This is sure to be a compelling, inspiring growth for all. Cost: \$60. Potluck lunch - bring something to share. Space is limited.